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Special Edition

Global Business Leaders Changing the Narrative through Collaborations

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From the Editor's Desk

Celebrating Global Business Leaders and the Power of Collaboration at the GLEBM Networking Experience 2024

As we reflect on the impactful conversations and groundbreaking ideas exchanged at the Global Labour Events and Business Magazine (GLEBM) Networking Experience 2024, one theme resonates more profoundly than any other: the transformative power of collaboration among global business leaders. This year's event, which brought together an extraordinary group of thought leaders, innovators, and change-makers, underscored the vital role that partnerships and collective action play in shaping the future of global business.

SHIRLEY MURPHY

In today's interconnected world, the challenges we face whether economic, social, or environmental are too complex for any one organization or leader to tackle alone. The narrative of business leadership is shifting away from the isolated, competitive models of the past and moving towards a more inclusive, collaborative approach. This new paradigm is driven by leaders who recognize that true innovation and sustainable growth are achieved when we come together, share our knowledge, and leverage our diverse strengths. The GLEBM Networking Experience 2024 provided a powerful platform for these collaborative leaders to connect, share insights, and forge new partnerships. The event highlighted how cross-industry collaborations are driving groundbreaking innovations, from technological advancements to sustainable business practices. It was a reminder that when leaders unite around common goals, they can create solutions that have a far-reaching impact on both their industries and the broader global community.

We would be remiss not to extend our deepest gratitude to the incredible speakers who graced this year's event with their expertise and vision. Their contributions not only enriched our discussions but also inspired us to think beyond traditional boundaries and consider new possibilities for collaboration and growth.

Each speaker brought a unique perspective, whether it was on harnessing technology for social good, driving sustainable business practices, or fostering inclusive leadership. Their willingness to share their experiences and insights exemplifies the spirit of collaboration that is so crucial to the success of modern business. They reminded us that leadership is not just about guiding one's own organization but also about contributing to the collective progress of our global society. ■

Global Business Leaders Changing the Narrative through Collaborations

In an era defined by rapid globalization and technological advancements, the narrative surrounding business leadership is undergoing a transformative shift. No longer are successful enterprises solely characterized by their financial performance or market dominance. Today, the most impactful leaders are those who recognize the power of collaboration in driving innovation, addressing global challenges, and creating sustainable growth. By breaking down silos and fostering partnerships across industries and borders, these visionary leaders are not only changing the way businesses operate but are also redefining the very essence of leadership.
One of the most significant ways business leaders are changing the narrative is by forming strategic partnerships that transcend traditional boundaries. These collaborations are not just about pooling resources or sharing risks; they are about creating new opportunities and driving

systemic change.

The Rise of Collaborative Leadership
Traditional leadership models often emphasized hierarchy, competition, and individual achievement.

However, the complexities of the modern world demand a different approach one that values diversity, inclusivity, and collective intelligence.

Collaborative leadership is emerging as a key driver of success in the 21st century, as business leaders increasingly understand that no single organization or individual has all the answers.

Collaborative leaders are those who actively seek out partnerships, both within and outside their industries, to leverage the strengths of others. They recognize that innovation often arises from the intersection of diverse perspectives and that working together can lead to outcomes that would be impossible to achieve in isolation. This mindset is particularly crucial in addressing global challenges such as climate change, inequality, and technological disruption, where no one entity can create meaningful change alone.

Cross-Industry Collaborations: The New Frontier
Beyond industry-specific partnerships, cross-industry collaborations are becoming increasingly common as

leaders look to create value in new and unexpected ways. These partnerships often involve companies from different sectors coming together to address shared challenges or to create innovative products and services that meet emerging consumer needs.

A notable example of this is the collaboration between automotive manufacturers and technology companies in the development of autonomous vehicles. By combining expertise in engineering, software development, and artificial intelligence, these collaborations are paving the way for the future of transportation, with the potential to revolutionize mobility and reduce environmental impact.

Another example is the partnership between fashion brands and sustainability-focused organizations. As consumers become more conscious of the environmental and social impact of their purchases, fashion leaders are working with experts in sustainability to develop eco-friendly materials, implement circular economy models, and promote ethical labor practices. These collaborations are not only transforming the fashion industry but are also setting new standards for corporate responsibility.

The Human Element: Building Trust and Shared Vision

At the heart of successful collaborations is the human element trust, communication, and a shared vision. Collaborative leaders understand that partnerships are built on relationships, and they prioritize transparency, empathy, and mutual respect in their interactions. They are skilled at bringing together diverse stakeholders and aligning them around common goals, creating a sense of shared purpose that drives collective action.

Moreover, these leaders recognize that collaboration is not just a strategy but a mindset. It requires a willingness to listen, learn, and adapt, as well as a commitment to fostering a culture of collaboration within their organizations. By empowering their teams to work together and encouraging cross-functional collaboration, they create environments where innovation can thrive.

The Impact of Collaborative Leadership on the Global Stage

The impact of collaborative leadership extends far beyond the confines of individual organizations. By changing the narrative around leadership and demonstrating the power of collaboration, these leaders are influencing the broader business landscape and setting new benchmarks for success. Their efforts are contributing to a more interconnected and resilient global economy, where businesses work together to solve complex problems, drive innovation, and create lasting value for all stakeholders.

In conclusion, the narrative of business leadership is evolving, and collaboration is at the forefront of this transformation. Global business leaders who embrace collaboration are not only achieving remarkable results for their organizations but are also making a profound impact on the world. By breaking down barriers, building partnerships, and fostering a culture of collaboration, they are changing the way we think about leadership and paving the way for a more inclusive, sustainable, and prosperous future. ■

The Impact of GLEBM Networking Experience

Shirley Murphy

The success of the GLEBM Networking Experience 2024 is a testament to the power of bringing together diverse voices to explore the future of business. The connections made and the ideas shared at this event will undoubtedly lead to new partnerships, innovative projects, and continued progress in various sectors.

But beyond the immediate outcomes, this event has also helped to further the narrative that collaboration is not just an option but a necessity in today's global business landscape. The leaders who attended and spoke at GLEBM 2024 are at the forefront of this movement, setting a powerful example for others to follow. They are changing the narrative by demonstrating that when we work together, we can achieve more than we ever could alone.

As we look to the future, the importance of collaboration will only continue to grow. The challenges of tomorrow will require even greater levels of cooperation and partnership among business leaders, policymakers, and communities. The GLEBM Networking Experience 2024 has shown us that we are on the right path and that with the right leadership, we can continue to drive meaningful change. At GLEBM, we are compiling all the presentations from our speakers at the GLEBM Networking Experience into an anthology book. This book will be released in multiple editions, with each edition being launched by our speakers as Visionary Authors thereby, Creating a comprehensive compendium of knowledge for business owners.

Finally, we would like to once again express our appreciation to all the speakers, attendees, and GLEBM Team, who made this year's event such a success. Your commitment to collaboration and your dedication to shaping a better future are truly commendable. We look forward to continuing this journey together, as we work to build a more connected, innovative, and sustainable world.

Let us carry forward the spirit of collaboration that was so evident at GLEBM 2024, and let it guide us as we face the challenges and opportunities of the future.

Together, we can change the narrative, and together, we can make a difference. ■

Meet Shirley Murphy

CEO, GLOBAL LABOUR EVENTS & BUSINESS MAGAZINE (GLEBM)

Shirley Murphy holds a significant role as the Publisher of Global Labour Events and Business Magazine (GLEBM), an influential independent online publication with a specialized niche. Her professional repertoire spans across multiple domains; she's a versatile figure working as a TV Show Host, media consultant, and international speaker. Beyond the media landscape, she presides as the CEO of Dani's Clothing and More, a distinguished house for women's fashion and fabrics.

Shirley's accomplishments are diverse and impactful. As a bestselling author six times over, she has garnered international recognition. Her accolades in humanitarian efforts and women's development underscore her commitment to empowerment.

Driven by a steadfast dedication to women's education, Shirley is the visionary force behind the Women Reach Out with God Initiative (WROWGI) as its Founder and President General. Her passion extends further through The She Rise Academy International, an online learning platform catering specifically to women and girls globally. This initiative strives for collaboration and support to advance women worldwide.

Moreover, she is a visionary and serves as the Global President of the Humanitarian Leaders Network (HLN), a global organization fostering humanitarian values and driving positive change worldwide. Shirley's aim is to empower and unite a diverse network of leaders, professionals, and volunteers dedicated to humanitarian causes.

Beyond her professional pursuits, Shirley is a highly skilled life and family therapist. Her expertise has positively impacted the lives of many, particularly women and girls in Nigeria. Rooted in her belief that women deserve increased visibility and autonomy, her advocacy for women's education and empowerment remains unwavering. Shirley's passionate dedication to this cause offers hope and support to all those she encounters.

Meet Dr. Lovella Mogere

CEO, LEADERS WHO LEAD DIFFERENTLY

Dr. Lovella Mogere is the CEO of Leaders Who Lead Differently, a pioneering organization dedicated to unlocking the DNA of Cultural Innovation. As a leader of leaders, Lovella spearheads multiple movements aimed at guiding leaders towards succession, empowering them to navigate the complexities of an ever-changing world.

With a global perspective and an entrepreneurial spirit, Lovella is renowned as a thought leader who catalyzes transformative change. Her visionary leadership style transcends borders, inspiring individuals and organizations to embrace innovation and embrace the infinite possibilities within their reach.

As an international speaker and best-selling author, Lovella shares her insights and expertise on leadership, cultural innovation, and the power of mindset shifts. Through her dynamic presentations and influential writings, she challenges conventional thinking and ignites a passion for continuous growth and evolution.

To learn more about Dr. Lovella Mogere and her work, visit www.lovellamogere.com and embark on a journey of discovery, empowerment, and transformation. ■

Meet Coach Jeanine

FOUNDER & CEO, WITH YOU SOLUTION LLC

Coach Jeanine Bunzigiye has been a Business and Leadership coach for more than 15 years now in the United States and around the world.

Coach Jeanine is a pioneer and passionate champion of equity. She served for many years as a member of the board of directors of the North Dakota Human Rights Commissioner and received community service awards. Coach Jeanine empowers leaders every day, because it is about helping leaders grow their business and bring their presence globally as well. Coach Jeanine is fully dedicated and will equip leaders with tools and strategies to always empower their teams while being on their own path as authentic leaders. Coach Jeanine is the Founder and CEO of "With You Solutions, LLC and the visionary of "Umoja Magazine" for many years Coach Jeanine has work with leaders who are ready to expand their business global and she does make sure that every client that comes her will feel supported and ready to have a global presence. She has conducted more than 100 trainings around leadership, management, and business Development around the world by serving leaders who want to expand their business and who are ready to Network with others globally. Coach Jeanine has a global platform where she does mentor so many leaders, experts and consultants through interviews on her show "Umoja Global Network".

Coach Jeanine strongly believe in Unity which means "Umoja in Swahili" Coach Jeanine is blessed to speak only 4 languages and she had used her gifts and skills to help many leaders around her because that is her mandate to bridge the gap between leaders one country at the time. ■

Meet Kim Jacobs

HOST, KIM JACOB SHOW

Kim Jacobs is affectionately known as The Balance Doctor. She has experienced many challenges in her life, and that experience has given her the ability to help others get beyond their circumstances.

She is Bringing Balance to the World One Household at a Time. Kim is a Wife, Mother, an International Motivational Speaker, Talk Show Host, and Entrepreneur. Kim Jacobs is the Managing Director for eWomen Network in Charlotte, NC. She is also a certified seminar speaker through The Les Brown Speaker's Network and works with International Motivational Speaker Les Brown teaching people How to Start and Succeed in the Seminar Business. Kim speaks regularly on topics like: Balancing Life God's Way, Balancing Life in the Midst of Chaos, Creating Your Own Talk Show from Scratch and Moving from Existing to Living. A strong and powerful voice for women, Kim created The Mother Dreamer Movement so that mothers can know they have the power to raise incredible children and live out their dreams as well. Kim teaches mothers how to dust off old dreams and be an example for their children by turning those dreams into a reality. She believes that all Mothers deserve the best quality time with their children while simultaneously pursuing personal goals and dreams. Kim has been an on-air personality for 13 years as a Telly-Award Winning Talk Show Host for PBS and The Word Network (3 Seasons) and her latest project is hosting The Kim Jacobs Show on You Tube, Facebook and 8 other Social Media Platforms. On The Kim Jacobs Show, she shares conversations with successful people from all walks of life about how they got there - what challenges they faced, what strategies worked best for them, which mistakes were made along the way. These guests provide a missing piece to the puzzle in some of her viewers' lives.

Kim is the author of Extreme Balance Makeover and a contributing author of Women of War: Peace in the Midst of the Storm and This is How I Fight My Battles (Amazon Bestsellers). Her books and other merchandise can be found at Kimjacobsshow.com Kim Jacobs, daughter of Bishop Elijah Jackson and Ella Spratley, was raised by her single mother in a housing project known as "The Bottom" in Newport News, VA. She attended James Madison University (Senior Class President) and obtained her B.S. Degree (Broadcast Communications). Kim earned an MBA from Southeastern University. Kim's recent awards are Women of Excellence Award (Radio One) and Woman of Worth Award (Every Girl Wins Institute). Kim accepted Jesus Christ as her personal Savior at 18 years old. She has served as a leader in Christian Ministry all her adult life. Kim is the Mother of five children; Frank Jr. (24), Ivan (21), Gabriel (12 forever), Jeremiah (16), and Jayla (13). Their 12-year-old son, Gabriel Michael Jacobs, passed away unexpectedly on April 9, 2015, due to a heart defect. Gabe was 5'10, had a very commanding presence and a huge heart. He was known as "Guardian Gabe," the anti-bullying mediator at his school. In honor of Gabe, Kim founded Gabe's Heart Foundation. She ensures that he is smiling from Heaven by “Doing it Gabe's Way” Random Acts of Kindness. ■

Meet Bukeka Blakemore

Bukeka Blakemore's passion is to use the power of her voice to promote self-worth and well-being.

She has 30 years' experience in the entertainment industry and has opened for Harry Belafonte, Maya Angelou, and Della Reece and has also toured with R & B legend Oleta Adams.

Mrs. Blakemore is the co-founder of FAVuniteTv, an OTT streaming platform and the Deputy Executive Director of Creative City KC Inc. ■

Meet Emilio Romaï

CEO, CO-AUTHOR NETWORK, LLC

Emilio Roman is the CEO of Co-Author Network,LLC, a Veteran Owned and Operated Publishing Company in New Jersey. He has helped over 250 aspiring writers from around the World become Published Authors. Emilo broke a Guinness World Record for One of the Most Authors signing a Book Simultaneously in Toronto, Canada on February 15, 2020. Emilio's Author Millionaire Academy (AMA) provides a Community for Authors to Network and Support each other through weekly calls and events. His commitment to empowering writers and transforming the Publishing Industry is evident through his work at Co-Author Network and AMA.

Meet Miriam M. Wright

Miriam M. Wright is the Owner & CEO of Wright Way To Your Dream, LLC, a Certified Dream Life Coach, and an Amazon #1 Best-Selling International Author.

She Hosts and co-Hosts on Clubhouse, and is a Founding Lifetime Member of The Society of Life Coaches. She is a member of the Leadership Team at Powerful Women Networking and Gold Member with Women On The Rise International, Miriam served on their Leadership Team from 2020-2022.

Her passion is empowering women to own their power, face their fears, and boldly step into the life they desire. Through her signature DREAMS Program, she guides women through Desires, Realization, Exploration, Action, Manifestation, and Success, to make their dreams a reality while fulfilling their God-given purpose.

Miriam enjoys traveling, creative pursuits, and photography, stating, "I love photography, but I'm not a photographer—I just love to document the moment."■

Meet B. Jacqueline Jeter

B. Jacqueline Jeter, a leadership expert, has earned her place as one of the Top 25 Most Inspiring Women according to Called 2 Inspire magazine. With a dynamic presence as a keynote speaker, best - selling author, and transformational growth strategist, she captivates audiences and leaves a lasting impact. Drawing on her extensive 30-year leadership background in the pharmaceutical industry, B. Jacqueline is committed to helping corporations and organizations worldwide overcome leadership challenges related to change execution, management, leadership development, and team building.

Having graced major corporate stages across the United States, B. Jacquelines exceptional skills have allowed her to deliver inspiring keynote speeches to renowned organizations in the industry. She has taken the spotlight on live and virtual international platforms, such as Dr Shawn Fairs Leadership Experience Tour, Dr Cheryl Woods Women Crushing Mediocrity Summit, Che Browns Comeback Champion Summit, Dr Sylvia Coles Called 2 Inspire Summit, and the Northwestern Mutual Leading the Way; Conference, among others.

Meet Jacqueline Kaba -Harrison

Jacqueline Kaba-Harrison is a Confidence; Success Coach and she created Realizing Your Potential LLC to empower and inspire African American Women everywhere. She helps entrepreneurs create effective strategies to eliminate negative self-talk and self-sabotaging behaviors that prevent them from taking their business to the next level.

Additionally, she provides a virtual platform for entrepreneurs to receive personal, professional and leadership development to help them scale their business. She is the Executive Channel Producer of A Queen's Round Table Channel on the Women Win TV Network which is the fastest growing all women TV Network. The host of A Queen's Round Table Leadership Symposium, TV Show and Podcast.She is also the visionary of Born To Lead Awakening The Leader Within and Women of Color United My Health Is My Wealth: The ultimate guide for practicing self-care for entrepreneurs Anthology book projects.

Meet Tina Young-Holman

Tina Young-Holman is a Texas-based entrepreneur and licensed life insurance agent. She founded the "Black 2 Black" (BPSNP) private group in 2005 to empower fellow entrepreneurs. Tina's ventures include TNJ Hous3 Enterprise, an umbrella for her businesses, and Tina & Jamari Gifts, launched in 2004.

In 2024, Tina became the first Black City Councilwoman to win the At-Large seat in her town and has served as President of her local NAACP since 2021. She launched Black 2 Black Magazine in 2022, promoting Black-owned businesses. Through Black 2 Black Consulting and her virtual talk show, she helps small businesses thrive. Tina is also a noted networker, participating in events like the Sisters Leaders Conference and Speaker Con 22. ■

Meet Dr. Carolyne Akinyi Opinde

Dr. Carolyne Akinyi Opinde, an award-winning social impact expert, author, speaker and the Founder and CEO of The NGO Whisperer® Centre For Social Impact. With nearly 20 years of experience, Dr Opinde is a seasoned Resource Mobilisation Specialist and a certified Project Management Professional (PMP®) who has raised over GBP 100 million and managed social impact projects of up to GBP 20+ million.

Through her organisation, The NGO Whisperer® Centre For Social Impact, Dr Opinde collaborates with for-purpose organisations, governments, and funding agencies to promote social innovation, investment and impact for a sustainable world now and in the future. The Centre contributes to achieving the United Nations 2030 Agenda for Sustainable Development and the 17 associated Sustainable Development Goals (SDGs).

Dr Opinde created The NGO Whisperer® Sustainability Model with six pillars of technical support services reaching over 100 Non-Governmental Organisations (NGOs) and Social Enterprises in Africa, Europe, North America, Latin America, and the Caribbean.

Dr Opinde is an international speaker and an evangelist for social impact. She has spoken to audiences of over 5 000, with renowned personalities such as Former President Bill Clinton, Bishop T. D. Jakes, Deepak Chopra, Founders and CEOs of leading Fortune 500 companies like PayPal, Nike, Walmart, Yahoo, and Hollywood celebrities, among others.■

Meet Evangelist Sherrell D. Mims

Evangelist Sherrell D. Mims is an Amazon bestselling author and contributor of several books that have captivated readers worldwide. Also known for her brand. Global Caregivers Network, LLC, Global Caregiver Speakers and Ms. Sherrell Speaks, the speaker has shared her story as a teacher, caregiver, and entrepreneur. Her book entitled I Will Wait Until Morning: A Caregiver's Memoir on Assisting a Loved One with Cancer, captured millions of readers as Sherrell went deeper into her personal journey and experiences.

Additionally, Sherrell D. Mims is the # I international bestselling contributing author for A Mother' s Prayer, Unleash Your Undeniable Impact, National Prayer Book for Everything Under the Sun and Women Inspiring Nations: I'm Still Standing Volume 3. Her knowledge as a family caregiver advocate, inspirational leader, and transformational speaker has reached multitudes and uplifted spirits across the globe.

Some of Sherrell most prestigious awards; World Humanitarian Bootcamp 2023, GLEBM 50 Most Influential Women 2023, Influential Boss Woman 2023, Presidential Lifetime

Achievement 2021 and many more. Sherrell has dreamt of becoming an international speaker for as long as she can remember.

She was featured on the speaker platform with Les Brown, Dr. Cheryl Wood and Shawn Fair. Sherrell was recognized for her ability to engage audiences well and make them relate. Furthermore, Sherrell is one of the most sought-after speakers for Shawn Fair's Leadership Tour 2021.

"I am an expert when it comes to being a caregiver. I have been a personal caregiver since the age of 11 and a professional caregiver since 1985," shared Sherrell D. Mims.

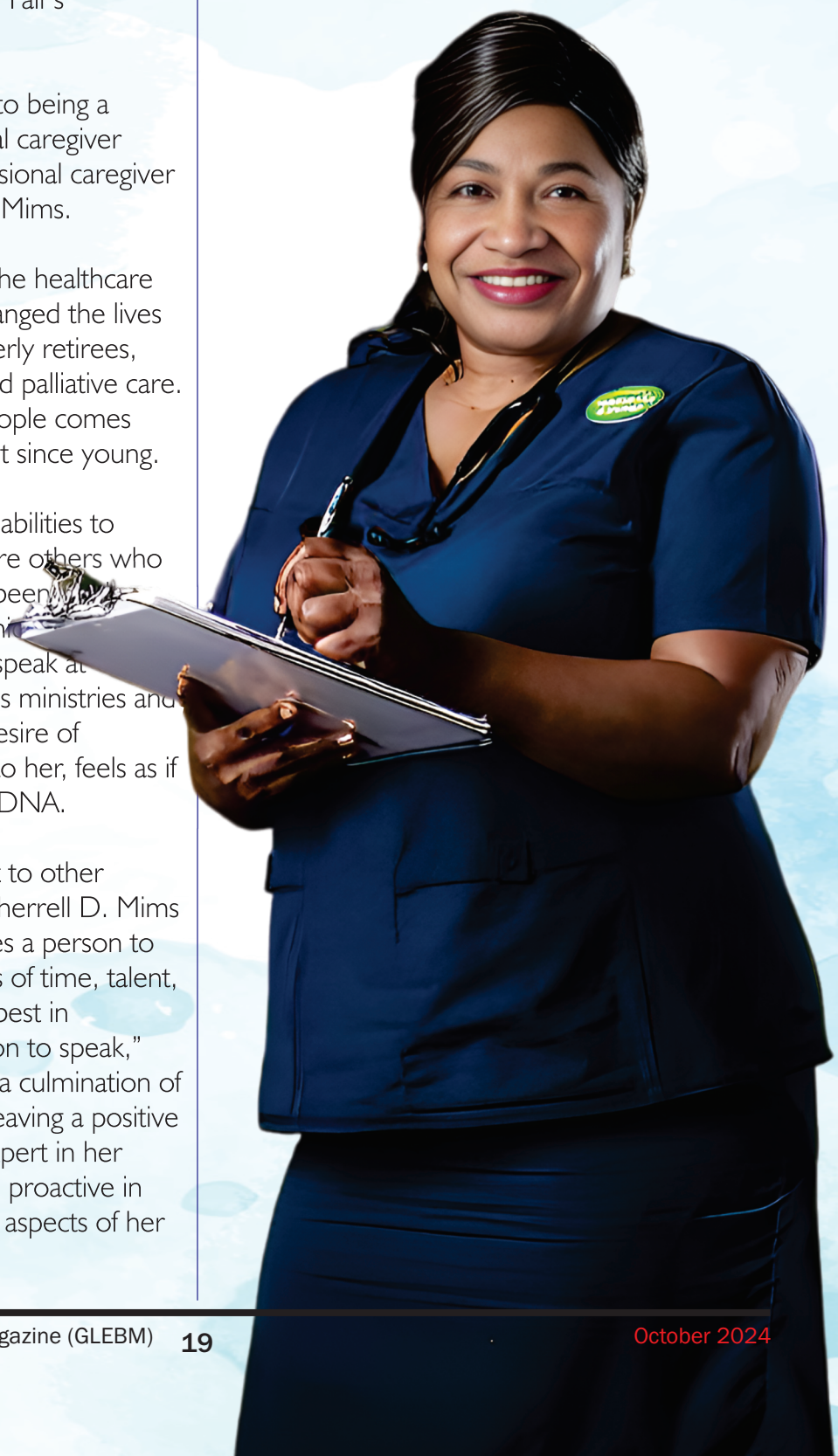
Caregiving plays a huge role in the healthcare industry. Their services have changed the lives of so many injured patients, elderly retirees, and those in need of hospice and palliative care. For Sherrell, caring for other people comes naturally as she has been doing it since young.

Today, she is using her speaking abilities to share what she knows and inspire others who are on the caregiving path. "It's been [illegible] inside of me since I was in my mi[illegible] into my thirties. When I would speak at different events such as women's ministries and nurses fair," said Sherrell. The desire of becoming a speaker, according to her, feels as if it has been embedded into her DNA.

Asked what she wants to impart to other aspiring inspirational speakers, Sherrell D. Mims said that being a speaker requires a person to invest oneself fully, be it in terms of time, talent, or treasures. "Always give your best in whatever you put your mouth on to speak," said the speaker. Her success is a culmination of her dedication and passion for leaving a positive impact on others' lives. As an expert in her chosen field, Sherrell aims to be proactive in educating others about as many aspects of her life as possible.

Sherrell D. Mims is setting the bar higher for other speakers who want to make a difference on the global stage. With Shawn Fair's Leadership Tour 2021, she is one step closer to her goals.

The speaker received her Advanced Diploma of Biblical Studies as a Licensed Minister of the Gospel of Jesus Christ from the Destiny School of Ministry in Roseville, Michigan. ■



Meet Evangelist Bertha D. Winston

Evangelist Bertha D. Winston is a Radio Personality where she hosted the Eagle Kind Radio Broadcast on 1340 AM WYCB for the 8 years. The oldest of eleven children.

Holds a legacy of 55 years of successful marriage to Clifton H. Winston, Jr. She is the proud mother of three adult children, two daughters and one son, 7 grandchildren and four great grandchildren. Evangelist Bertha Winston has been a member of Jesus Way Temple Christian Church for 40 plus years. She serves as Secretary, Board Member, Worship Leader and Associate Minister. Board Member for the foreign missions in the Republic of Haiti. She served as Board Member and several other offices for the National Network for Christian Men and Women. She is the CEO of Destined2Milliions and TheWinstonExperience Financial Success Companies and co-owner of The Pavilion All-Exclusive Event and Conference Center and the Intimate Events at the W.

Evangelist Bertha Winston, a distinguished financial expert, author, and captivating international speaker, featured on the front covers of magazines, such as Forbes One, Black Woman magazine, Soigne' + Swank magazine, Nspire magazine and GLEBB magazine, featured on the front cover Women Empowered to Win Global magazine for Mother's Day, disrupt weekly, also featured in What's on Your mind media and Vocal media. Was featured on a billboard titled 2024 Top Women in Business and Ministry for Mother's Day. Her literary contributions include impactful works like "Empowered To Win 4th Edition," "UNSHAKABLE FAITH," Redirect, Redefine & Renew You, "Love Like You've Never Been Hurt, all five are 1st time best sellers and "Love, Lead and Let Go, Bertha's recent releases Women Empowered to Win, The Glory of His Presence and 9 Voices1 Message which was introduced in Toronto, Canada." "Women Empowered to Win" Anthology exemplifies her commitment to financial empowerment and personal development. Retired from her office manager job of 15 years with a prestigious law firm in the District of Columbia. Bertha is more fervently engaged than ever, teaching individuals how to build passive income streams and retire debt-free. Beyond the balance sheet, her life reflects resilience and faith. As a dynamic educator and influencer, Bertha Winston continues to inspire others on their journey to financial independence.

Meet Dr. Daphne Soares

Dr. Daphne Soares is an influential figure in the realms of counseling, business coaching, leadership development, and Neuro-Linguistic Programming (NLP). As the visionary behind Carousel Moms Business and Leadership Coaching, her impact on global coaching is profound, stemming from a richly textured career spanning various disciplines. Her journey encompasses a diverse tapestry of experiences, seamlessly transitioning from senior executive roles within multinational companies where she amassed over 13 years of invaluable industry insight to embracing the multifaceted responsibilities of homemaking.

Beyond her corporate prowess, Dr. Soares has mastered the intricacies of catechism, coaching, counseling, hypnotism, and psychotherapy. She is a 16-time international bestselling author, notably collaborating with the esteemed Les Brown. Furthermore, her role as an international motivational speaker and mentor enriches her illustrious portfolio, establishing her as a cornerstone within the coaching realm. Recently, she had the honor of meeting Sarah Ferguson, the Duchess of York, in the United Kingdom.

Dr. Soares has received numerous international awards and accolades. In 2024, she was ranked #2 among the Global Top 20 Inspirational Women by The NYC Journal and was a finalist in three categories for the Women Changing the World Global Awards: Women in Professional Services, Business of the Year, and Global Impact, earning the prestigious Bronze Global Impact Award in Windsor, UK. In 2023, she was honored with the 'Coach of the Year' title and awarded Gold First Place Coach of the

Year by Women Changing the World in Westminster, UK, presented by Dr. Tererai Trent, Oprah Winfrey's all-time favorite guest. She also received the First-Place award in Coaching and Leadership by Living Faith Out Loud International Awards, USA and ranked among the Top 50 Impactful Women by GLEBM magazine.

In 2022, she was recognized among the Top 30 Business Coaches by The NYC Journal. She has also been honored as an International Women Leader by Passion Vista Magazine and acknowledged by Yahoo Finance as one of the Top 10 Female Coaches in 2021. Notably, she has received the Asia;s Outstanding Woman Leadership and Mentoring Coach award by Asia Awards and two Fakhr-e-Pakistan (Pakistan's Pride of Performance) Awards.

Dr. Soares's diverse professional journey sets her apart. Transitioning from a career woman with a 9-5 job to a stay-at-home mom, she has ventured into roles such as Masters Catechist, Time Line Therapist, Counselor, Hypnotherapist, and Psychotherapist. This broad range of experiences allows her to bring a holistic perspective to her coaching and mentoring, ensuring a comprehensive approach that addresses the needs and aspirations of her clients. Driven by her passion to empower women globally, she helps them find balance, start and manage thriving businesses, overcome limiting beliefs, build self-confidence, and establish healthy boundaries. Her illustrious career is marked by innovative and pioneering strategies, consistently delivering exceptional outcomes in unlocking the untapped potential within individuals and the corporate sphere.

Her methodology is centered on understanding the distinctive needs of each client, infusing her coaching practice with a bespoke and deeply personal touch. Through Carousel Moms Business and Leadership Coaching, Dr. Soares has guided countless women toward realizing their entrepreneurial dreams, gaining financial independence, fortifying their resilience against self-doubt, and nurturing their inherent capabilities. She tailors her methodologies to align

with her clients; specific needs and aspirations, seamlessly transitioning between digital platforms and immersive in-person engagements.

For those in pursuit of transformative guidance in business or life, Dr. Daphne Soares embodies an invaluable beacon of wisdom and empowerment. Her far-reaching influence extends across an array of online platforms, offering individuals and businesses the opportunity to embark on profoundly transformative journeys, unlocking their fullest potential under her expert tutelage.

Meet Dr. Lotus Riché

Dr. Lotus Riché is a highly sought-after global transformational strategist, award-winning, internationally renowned empowerment and mindset transformation keynote speaker, global communication and network strategy expert, television show host, 6X international bestselling author, certified life coach, branding expert, mistress of ceremony, and media personality. With years of interpersonal training, dynamic branding, strategic thinking, and entrepreneurial experiences, Dr. Lotus ignites others to discover their personal best and enhance their business and personal lives. She dynamically stirs people to Ignite & Take Flight in Every Area of Their Lives with her prowess.

Dr. Lotus is one of the foremost celebrated speakers and moderators of live and virtual stages where she has dynamically captivated audiences while sharing stages with powerful change agents and thought leaders such as Jack Canfield, Raymond Aaron, Loral Langemeier, Annie Koshy, Tim Burt, and large audiences such as the Lead India Dr. Kalam Memorial Global Webinar, Black Business Expo/Black Business Olympics, Real Men Speak Summit, Mental-Real-of-State Conference, Hope. Health. Healing Conference, and Virtual Grand Opening Celebration for Blackowned.com. As the opening speaker and co-host for the Magnetic Entrepreneur Business Success Summit with R.J. Moore, Serena Brown Travis, and many global speakers, Dr. Lotus Riché also created a team of interpreters to translate the summit in multiple languages simultaneously around the world.

Through her signature online tv shows, The Lotus Riché Ignites Show, News You Can Use, and Bring Who You Are, Dr. Lotus ignites her viewers to discover their own personal gifts and reach their highest potential. Dr. Lotus invites top leaders,

business professionals, pioneers, and everyday people such as Les Brown, Jack Canfield, Raymond Aaron, His Royal Highness Sir Clyde Rivers, Satish Verma, Dr. Brent Binder, millionaire Tommy Khoo and many others to these shows to share insight, awareness, and golden information on great topics that empower, inspire and create a global awareness and cohesion pervasive in all socioeconomic and ethnic arenas.

As a global thought leader, her passion for women and girls led her to partner as a co-founder of Women Reach Out with God Initiative in Nigeria, Africa, a not-for-profit organization created to equip women and girls with tools and ideas to scale so they can become the best versions of themselves. She is also the U.S. Ambassador for Fondation-LAB Burundi, Africa, which hosted the historical Foundation Lab Global Summit in 2021, with some of the top global leaders of science, technology, finance, economics, computer science, and broadcasting.

In partnering with Cardinal Services, FashionTT, a Trinidad and Tobago Fashion Company, and the Ministry of Trade and Energy, Dr. Lotus hosted the first Caribbean 3D Virtual Trade Mission, Expo & Conference, featuring the Trinidad and Tobago Virtual Fashion Show in the metaverse as a collaborative global effort to bring awareness of the fashion industry and its incredible designers including Andrew Ramroop, one of the finest Master Tailors in the world.

Dr. Lotus is the CEO of the Lotus Riché Ignites Life Coaching and Consulting, LLC, a one-stop-shop organization where Dr. Lotus and her team train, coach, and guide entrepreneurs in upscaling their brands and platforms through creative compelling videos and graphics, powerful social media engagements, and other business needs. Dr. Lotus' mission is to help empower, impact, train, and ignite audiences, individuals, corporations, and business owners world-wide with her proven communications, critical thinking and global networking strategies that help people all around the world to not only survive and thrive, but also leave a footprint in the sand of life and business for generations to come.

Meet Dr. Sandy Sanders

Dr. Sandy Sanders, Award Winning social media and Podcast Host of Coffee Conversations with Sandy and Friends, a weekly talking segment with invited guest, best-selling authors and global speakers YouTube Channel, Spotify, CTR Media Network, IHeartRadio, and Amazon.

Dr. Sandy Sander is a 15x Amazon Best Selling Author, 2x International Best Selling Contributing Writer and Global Speaker.

Earned an Honorary Doctorate of Humanities from her successful community efforts of Hosting Pray Vigils against Gun Violence, Domestic Violence Walks and over 10 years of jail and Prison Ministry. Served as Board member for several Non-Profit Organizations Brand Ambassador with Success Women's Conference, Chief Ambassador Best of Mississippi Awards and current Ambassador with GLEBM Network Experience of Nigeria.

Contributing Writing Projects include Self Care Magazine, Gulf Coast Women's Magazine Domestic Violence Special Edition and SwagHer Magazine Certified Transformational Life Coach where she helps individuals become transformed in 3 areas of their Spiritual Life, Natural Life and their Health and Wellness. ■

10 Health Benefits of Drinking Cinnamon Tea

Cinnamon tea, made from the dried inner bark of the cinnamon tree, is more than just a warming, fragrant beverage. It's a powerful health elixir with a rich history in traditional medicine. Packed with antioxidants, anti-inflammatory properties, and essential nutrients, cinnamon tea offers a range of benefits that support overall well-being. Whether you're looking to boost your immune system, manage your weight, or improve your heart health, cinnamon tea can be a simple yet effective addition to your daily routine. Here are ten compelling health benefits of incorporating cinnamon tea into your diet.

Rich in Antioxidants: Cinnamon tea is loaded with antioxidants like polyphenols, which help protect your body from free radical damage. These antioxidants can reduce oxidative stress and lower the risk of chronic diseases such as heart disease and cancer.

Anti-Inflammatory Properties: The compounds in cinnamon have powerful anti-inflammatory effects that can help reduce swelling and inflammation in the body. This is particularly beneficial for those suffering from inflammatory conditions such as arthritis or other chronic inflammatory diseases.

Boosts Immunity: Cinnamon contains compounds with antimicrobial, antiviral, and antifungal properties that help protect the body against infections. Regular consumption of cinnamon tea can strengthen the immune system, helping you fight off common colds, flu, and other infections.

Aids in Weight Loss: Cinnamon tea can help regulate blood sugar levels and improve insulin sensitivity, which is essential for maintaining a healthy weight. It may also help curb appetite and reduce cravings, making it easier to stick to a balanced diet.

Improves Heart Health: Drinking cinnamon tea may help reduce levels of bad cholesterol (LDL) while increasing good cholesterol (HDL), thus promoting better heart health. It can also help regulate blood pressure and improve overall circulation.

Enhances Digestive Health: Cinnamon tea is known for its digestive benefits. It can help reduce bloating, gas, and indigestion while promoting healthy digestion by stimulating the production of digestive enzymes.

Regulates Blood Sugar Levels: Cinnamon tea can help lower blood sugar levels by improving insulin sensitivity and slowing the breakdown of carbohydrates in the digestive tract. This is especially beneficial for people with type 2 diabetes or those at risk of developing it.

Supports Cognitive Function: Research suggests that cinnamon may help enhance brain function by improving concentration and memory. Regular consumption of cinnamon tea can potentially reduce the risk of neurodegenerative diseases like Alzheimer's and Parkinson's.

Promotes Healthy Skin: The antioxidants and anti-inflammatory properties in cinnamon tea can help reduce acne, combat signs of aging, and promote a healthy, glowing complexion. Drinking cinnamon tea regularly can also help flush out toxins, which can further benefit skin health.

Relieves Menstrual Discomfort: Cinnamon tea is known for its ability to help alleviate menstrual pain and discomfort. Its anti-inflammatory and antispasmodic properties can help reduce cramping, bloating, and other symptoms associated with menstruation.

Cinnamon tea is a delicious and aromatic drink that offers a myriad of health benefits. From boosting immunity and aiding weight loss to improving heart health and supporting cognitive function, this humble spice-infused tea can significantly enhance your well-being. By incorporating cinnamon tea into your daily routine, you can enjoy not only its delightful flavor but also its numerous health-promoting properties. So, pour yourself a cup of cinnamon tea and start reaping the rewards of this natural health tonic today.

Meet Minister Anita Scott

Minister Anita Scott is a Licensed Massage Therapist, Herbal Consultant, Wellness Coach, and Certified Personal Trainer with specializations in Senior Citizen Fitness and Weight-Loss Management. She is the CEO and founder of An Angel's Touch Therapeutic Massage, 7 Rounds LLC, and 7 Rounds Complete Health & Wellness. Her expertise lies in encouragement, pain management, rehabilitation, rejuvenation, and relaxation.

Fourteen years ago, Anita transitioned from the mortgage industry to health and wellness after experiencing the detrimental effects of stress on her health. Driven by a passion to save, help, inspire, and educate others on the benefits of a healthy lifestyle, her mission is to promote optimal health through holistic healing solutions for a happier and healthier life emotionally, physically, and spiritually.■

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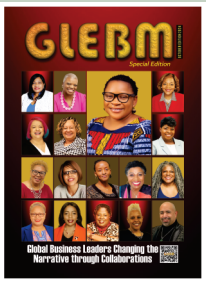

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